

# Recent Advances of Nanozymes as Therapies for ROS-Induced Diseases

Jiabao Shi \*

Department of Chemistry, Shenzhen University, Shenzhen, Guangdong Province, China

\* Corresponding Author Email: 2023200009@email.szu.cn

**Abstract.** Recently nanozymes have received more and more attention and have been applied in many fields. Recent advances of applications of nanozymes as therapies for various reactive oxygen species (ROS)-induced diseases are summarized in this account. For each case, the rational design strategies as well as various factors regulating the multiple enzyme-like activities, are also discussed. Perspectives and Challenges are also mentioned.

**Keywords:** Nanozymes, therapeutics, inflammation, ROS -related diseases.

## 1. Introduction

Enzymes are proteins that efficiently catalyse most biological reactions thanks to their bio-operability, high activity and specificity. However, their inherent limitations such as instability, high concentration, high preparation cost, and difficulty in modification have hindered their application. Nanozymes are nanomaterials mimicking enzymes with catalytic functions of natural enzymes and the advantages of nanomaterials, including metal sulphides and oxides [1], noble metals [2], metal-organic frameworks (MOFs) and carbon materials [3]. Some nanozymes have single enzyme mimetic activity, and some have multiple enzyme mimetic activities (**Table 1**). [4] Compared to enzymes, nanozymes offer several advantages, including simple preparation, good stability, versatile functionality, tuneable catalytic activity, and recyclability. Therefore, nanozymes have been applied in various areas including materials science, environment, biology and medicine [4]. For normal metabolism, ROS production and consumption in human bodies are necessary. However, the pathogenesis of a variety of diseases have been attributed to overproduction and mismanagement of ROS. This account summarizes the application of nanozymes as therapies for ROS-induced diseases in recent years, including Idiopathic pulmonary fibrosis, Inflammatory bowel disease and neurological diseases (**Table 1**).

**Table 1.** Classification of nanozymes

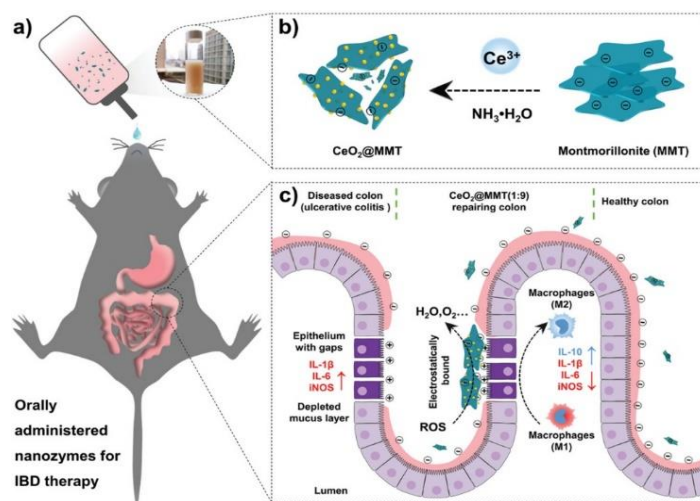
No. of Activities	Nanozymes	Disease	Refs.
2	CeO <sub>2</sub> @MMT	IBD	6
2	CeO <sub>2</sub> @Pt, Ag, Au	IBD	7
3	LiMn <sub>2</sub> O <sub>4</sub>	IBD	8
	ZVMoNanodots	IBD	9
	Ti <sub>3</sub> C <sub>2</sub> NSs	IBD	10
2	Ni <sub>3</sub> S <sub>4</sub>	IBD	11
	Ag-AXEPS	IPF	12
	C <sub>60</sub>	IPF	16
	V <sub>4</sub> C <sub>3</sub> NSs	IPF	17
3	PtCu NAs	PD	18
2	Pd@PEG@Bor	AD	19
6	V <sub>2</sub> C MXenzyme	AD	20

## 2. Nanozymes for IBD

Millions of people suffer from IBD each year due to overproduction of ROS. For treatment of IBD, application of antioxidant therapeutics with ROS-scavenging capabilities are effective options. Fortunately, Nanozymes with a wide range of antioxidant activities are able to cope with diverse ROS environments. [5]

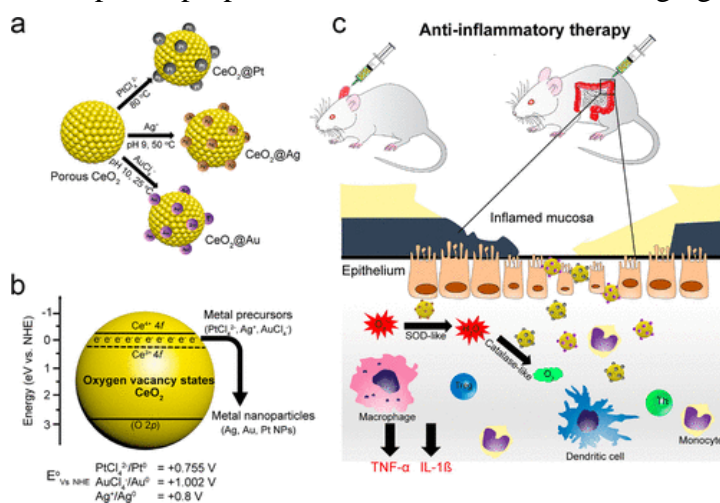


Rapid development of oral acid-resistant and antioxidant nanozymes for the treatment of IBD is a challenge. In 2020, the Wei group applied CeO<sub>2</sub> nanoparticles (NPs) containing montmorillonite (MMT) which was clinically approved for the treatment of IBD (**Figure 1.**). CeO<sub>2</sub> was more effective than non-catalytic antioxidants at scavenging ROS due to its' catalase (CAT)-like activity, SOD-like activity, and hydroxyl radical-eliminating activity. In addition, they were more stable than natural enzymes. MMT with negative charges could be taken orally and then specifically absorbed by inflamed colonic tissues with positive charges by electrostatic interactions. CeO<sub>2</sub>@MMT with optimal ratio (1:9) was acid-resistant to the mice's stomach and delivered to inflamed colon by electrostatic interactions. Via ROS scavenging, inflammation was reduced as shown by in vivo relief of IBD.[6]



**Figure 1.** Design and synthesis of orally administered CeO<sub>2</sub>@MMT for IBD. [6]

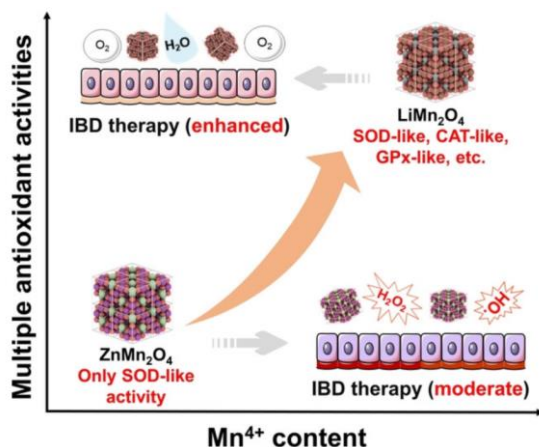
In 2022, a simple oxygen vacancy-induced metallic growth strategy was developed by the Wei group for the growth of multiple metallic NPs onto hollow CeO<sub>2</sub> nanospheres surface. Compared to the conventional method, neither any reducing and stabilizing agents nor pre-treatment were used. The catalytic activity was evaluated in two in vivo models of inflammation based on the composition of the oxide-loaded metals. Their multiple enzyme-like activities (CAT and SOD-like) were successful translated for the treatment of ear inflammation and IBD (**Figure 2.**). The CeO<sub>2</sub>@Ag nanozyme demonstrated excellent therapeutic properties with a small dose of 0.5 mg/kg. [7]



**Figure 2.** Synthesis of CeO<sub>2</sub>@metal nanozymes for treating inflammatory diseases. [7]

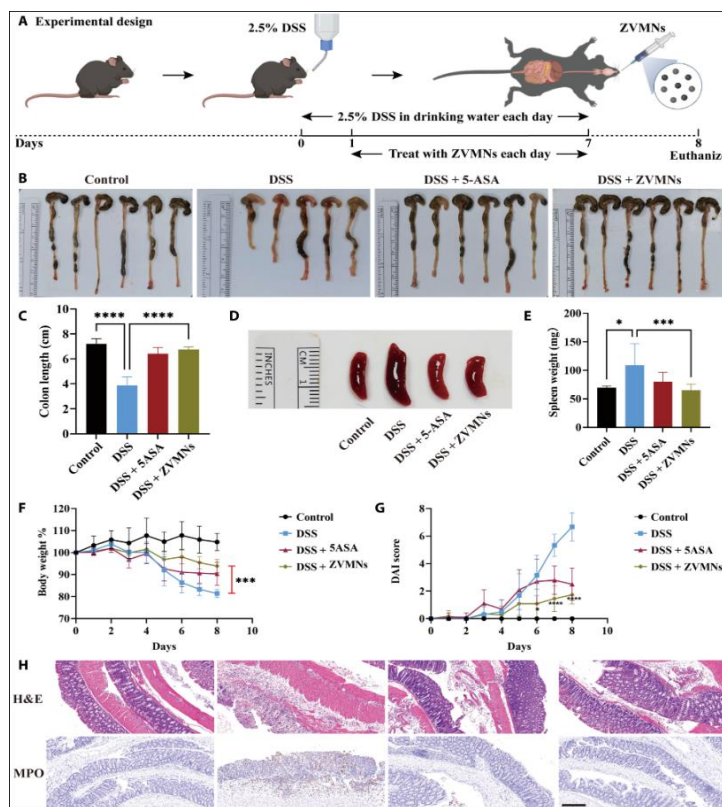
The valence engineering strategy offers design strategy for nanozymes with multiple antioxidant activities. In 2022, the Wei group applied a model nanozyme ZnMn<sub>2</sub>O<sub>4</sub> study the effect of Mn valence at octahedral sites with valence engineering strategy (**Figure 3.**). The multiple enzyme-like antioxidant activities which mimic SOD, CAT and glutathione peroxidase (GPx), were found to be

positively correlated with  $Mn^{4+}$ . With this strategy, the optimal nanozyme  $LiMn_2O_4$  was prepared and its cytoprotective effect was proved in vitro and in an in vivo mice model of IBD.[8]



**Figure 3.** Design and synthesis of a nanozyme  $LiMn_2O_4$  for treating IBD. [8]

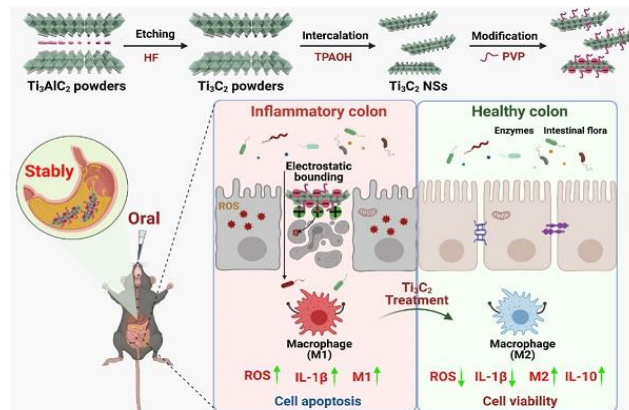
In 2022, the Hu group synthesized an orally-administrated zero-valent molybdenum nanodots (ZVMNs) with ROS-scavenging activities (**Figure 4**). After penetration of gastric acid, these ZVMNs were absorbed by the intestine in a mice model of IBD. It was indicated that ZVMNs could decrease amount of ROS and reduce colitis without obvious side effects. Further mechanisms revealed by RNA sequencing, in which colonic tissues were protected from oxidative stress by ZVMNs via reduction of the overproduction of pro-inflammatory factors and inhibition of the nuclear factor  $\kappa B$  signalling pathway. [9]



**Figure 4.** Therapeutic Effect of ZVMNs in the IBD in vivo model and mechanisms of ZVMNs for IBD.[9]

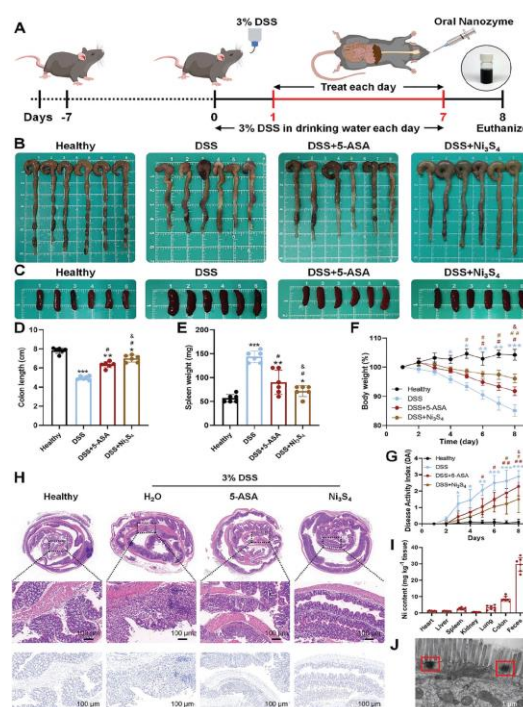
In 2022, based on titanium carbide MXene nanosheets ( $Ti_3C_2NSs$ ) stabilized by simulated gastric fluid (SGF), the Cheng group designed an antioxidant orally administered nanozyme as IBD therapy with high biosafety (**Figure 5**). The multiple antioxidant activities were determined by the strong reducing properties of binding Ti-C. Levels of intracellular ROS indicated that excess ROS was successfully scavenged, and oxidative stress-induced cellular damage was prevented by  $Ti_3C_2NSs$ .

Once administrated orally,  $Ti_3C_2$  NSs with negative charges were specifically adsorbed by inflamed colonic tissues with positive charges by electrostatic interactions, leading to effective treatment of IBD. The reduction of pro-inflammatory cytokine secretion and elimination of excess ROS, increased anti-inflammatory and effectively inhibited inflammation and cytokine secretion of M2 phenotype macrophage infiltration alleviated the symptoms of colitis. Cutaneous wound healing and functional vascularization were promoted by  $Ti_3C_2$ -based woundplast with excellent ROS scavenging properties. As a novel orally administrated nanozyme, the MXene nanoplatform could be applied for treating IBD.[10]



**Figure 5.** Design and synthesis of  $Ti_3C_2$  NSs to for treating IBD. [10]

In 2023 the Zhu group reported a high-throughput screening strategy with nine stages to meet the multiple demanding of IBD therapy, including solubility, intrinsic stability, acid resistance radioactivity, biomimetic elements, gut microbiome toxicity, reaction energy barriers, intermediate frontier molecular orbitals and negative charges. As the best match among 146,323 candidates,  $Ni_3S_4$  exhibited SOD-CAT-like but higher activities (3.13 and 1.80 times) than the natural enzymes (**Figure 6**). Mice models of IBD showed that  $Ni_3S_4$  was stable and non-toxic in the gastrointestinal tract. The diseased colon was specifically targeted, and oxidative stress was mitigated. Further mechanistic analysis by RNA and 16S rRNA sequencing indicated that  $Ni_3S_4$  effectively inhibited pro-inflammatory cellular pathways and restored the intestinal microbiota. This research offers a new design strategy for nanozymes via a data-driven approach.[11]

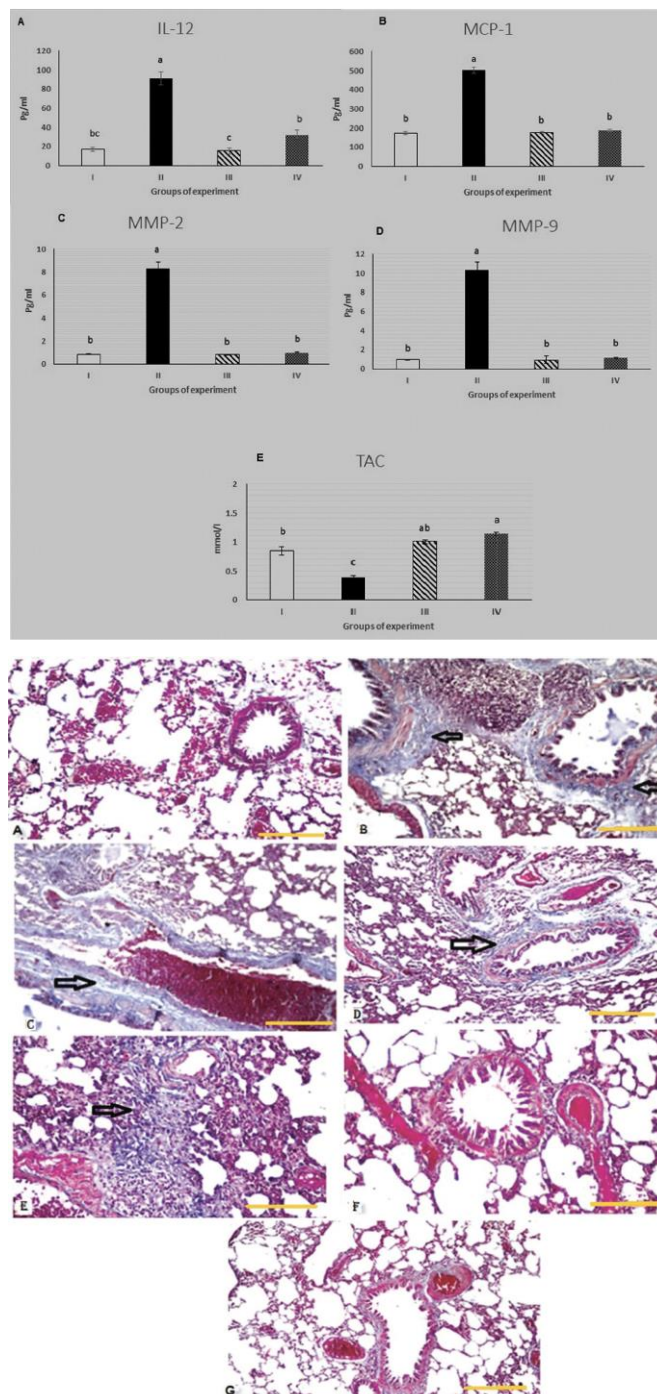


**Figure 6.** Therapeutic Efficacy of  $Ni_3S_4$  in the mice model of IBD. [11]

### 3. Nanozymes for IPF

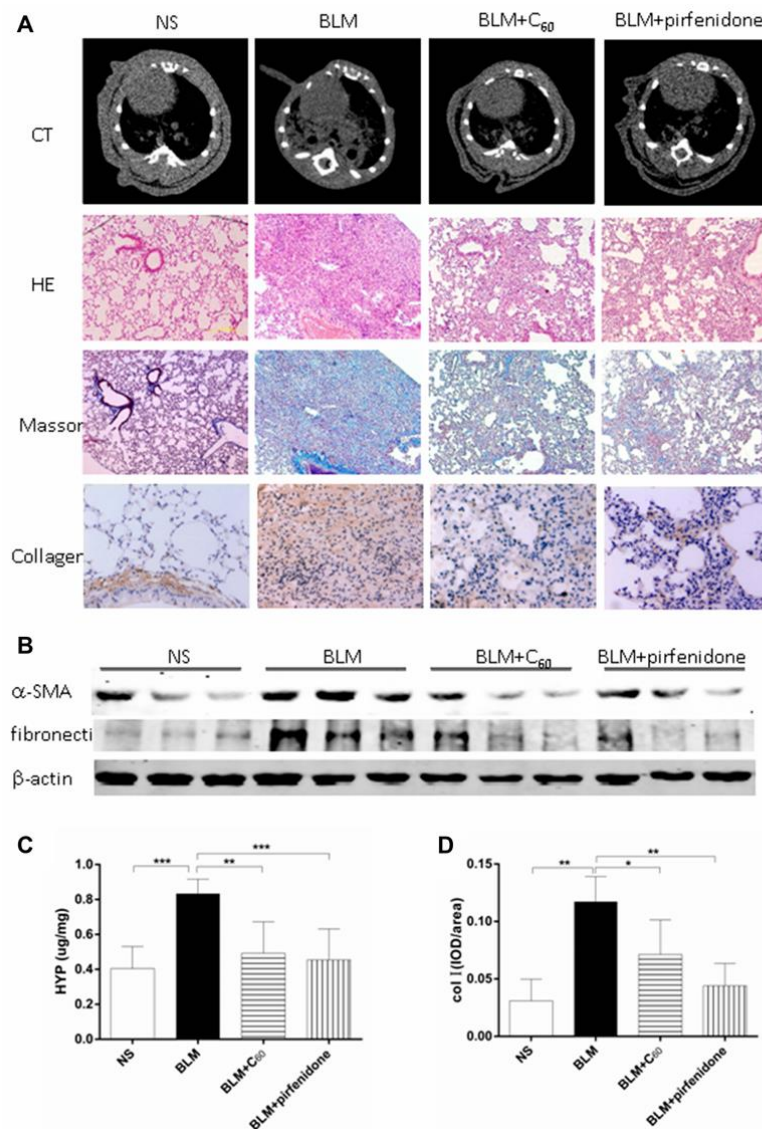
IPF is a form of serious fibrosing interstitial pneumonia. An oxidative/antioxidative imbalance is critical in IPF. Level of pulmonary fibrosis can be decreased by reducing oxidative stress. [12]

In 2021, the Hassan Group observed that levels of matrix metalloproteinases (MMP-2 and MMP-9), monocyte chemotactic protein-1 and respiratory tumour necrosis factor-alpha were reduced in rats treated with Silver Alcaligenes xylosoxidans extracellular polysaccharides (Ag-AXEPS) (**Figure 7.**). Similarly, the mRNA levels of plasma fibrosis markers, IL-12 and BAX were also decreased. Meanwhile, the total antioxidant capacity and mRNA BCL2 were increased. As demonstrated by quantitative pathologic studies on hematoxylin-eosin-stained lung sites, level of fibrosis was also decreased. However, recovery of lung collagen as well as an increased and improved overall survival were ensured by the treatment as assessed by Masson's trichrome staining.[13]



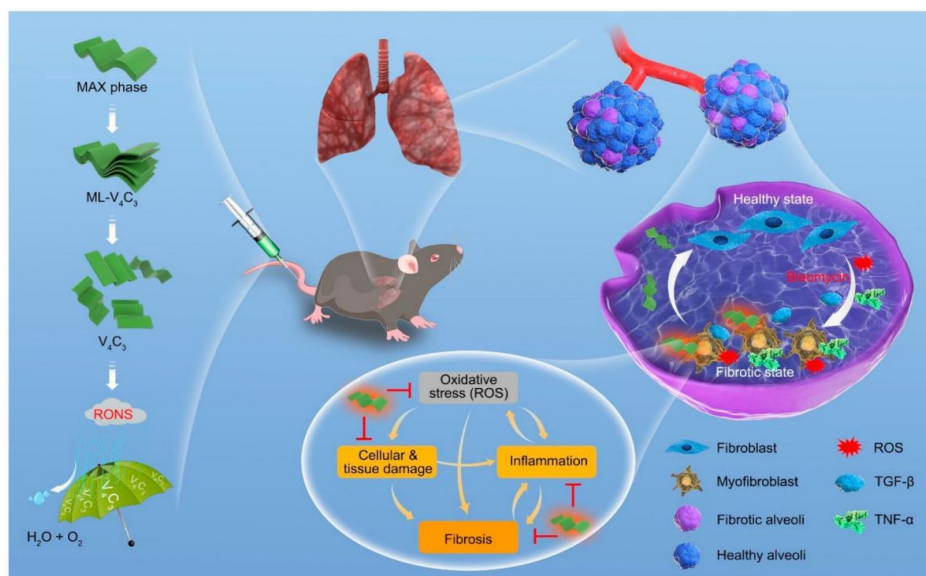
**Figure 7.** Therapeutic Efficacy of Ag-AXEPS in the mice model of IPF. [13]

Fullerenes have been reported as a strong free radical scavenger [14]. It was also demonstrated that at low physiological concentrations fullerene C<sub>60</sub> is non-toxic and water-soluble [15]. In 2020, the Dai group reported that water-soluble C<sub>60</sub>(OH)<sub>22</sub> showed antifibrotic activity via antioxidant effect in a mice model of bleomycin (BLM)-induced IPF (**Figure 8**). After treatment of mice with C<sub>60</sub>, the number of fibroblasts was obviously reduced, and amount of type II alveolar epithelial cells was promoted. Therefore, water-soluble C<sub>60</sub> decreased the degree of BLM-induced IPF in mice due to its strong antioxidant activity. [16]



**Figure 8.** Therapeutic Efficacy of C<sub>60</sub>(OH)<sub>22</sub> in the mice model of IPF. [16]

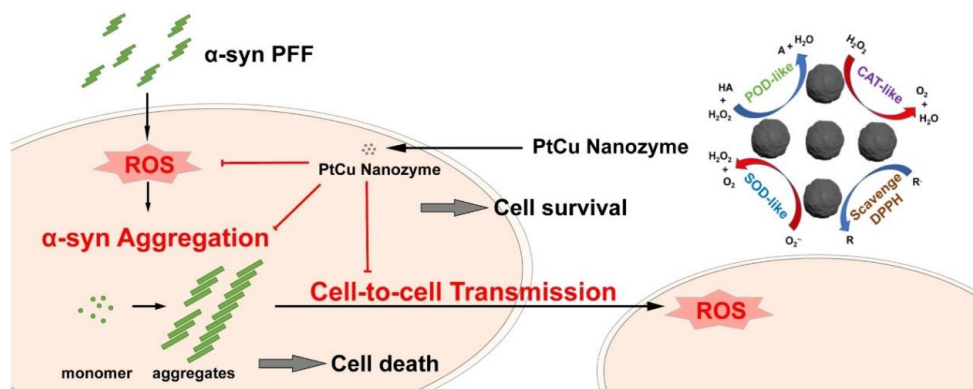
In 2023, the He group reported that V<sub>4</sub>C<sub>3</sub> nanosheets (NS) can be applied as potential antioxidants for the treatment of IPF due to their ROS /RNS-scavenging capabilities (**Figure 9**). They found that the valence composition of vanadium was adjusted, and their antioxidant behaviour could be significantly improved by subtle autoxidation. Multiple mechanisms including proton transfer, electron transfer as well as enzyme-like catalysis were triggered by valence engineering, leading to V<sub>4</sub>C<sub>3</sub> NSs with broad-spectrum, efficient, and long-lasting antioxidant capacity. Myofibroblast proliferation and extracellular matrix abnormalities were significantly prevented by V<sub>4</sub>C<sub>3</sub>NSs due to their antioxidant properties and good biocompatibility. After treatment, anti-inflammation, alleviation of lung fibrosis, and reestablishment of antioxidant defences progression of BLM-induced IPF were observed in vivo. [17]



**Figure 9.** Design and synthesis of  $V_4C_3NSs$  for treating IPF. [17]

#### 4. Nanozymes for neurological diseases

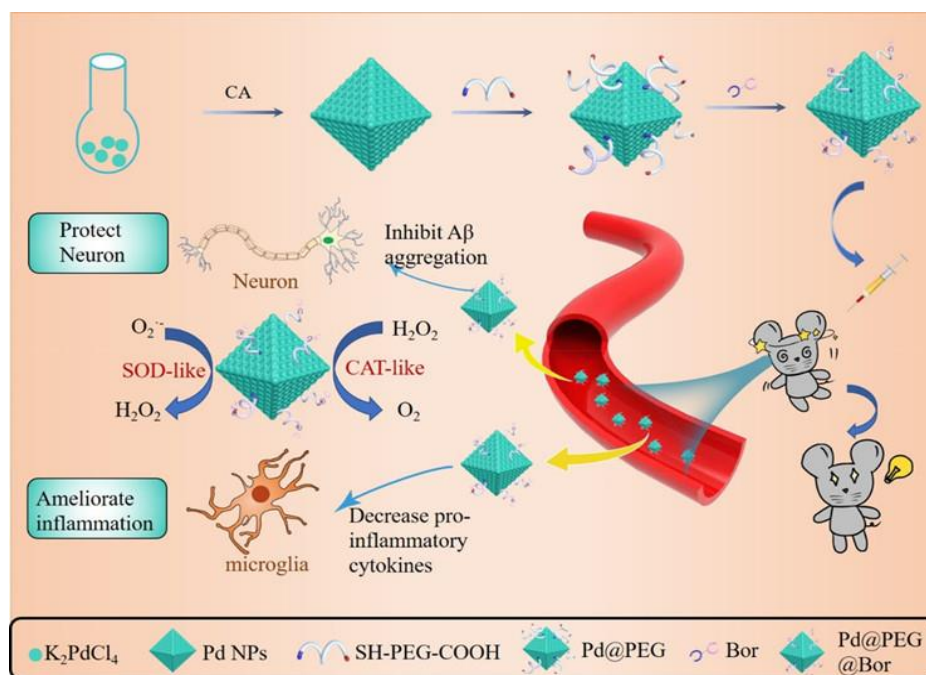
Parkinson's disease (PD) has been reported as one of the most frequently occurred neurological disorders. Understanding of PD has been fundamentally upended by Brack's prion-like theory. Recently pathological alpha-synuclein ( $\alpha$ -syn) has been reported as a prion-like protein. In addition, diffusion of  $\alpha$ -syn in the patient's brain is the important driver of PD. In 2021, the Li group reported that  $\alpha$ -syn diffusion and cell death along with interneuronal transmission are significantly prevented by the biocompatible antioxidant nanozymes PtCu nano-alloys PtCu NAs which mimic SOD, CAT, peroxidase (POD) and DPPH-scavenging enzymes via eliminating ROS in primary neuronal cultures (**Figure 10.**). In addition,  $\alpha$ -syn diffusion induced by intra-striatal injection of  $\alpha$ -syn preformed protofibrils (PFF) is significantly inhibited. [18]



**Figure 10.** Illustration of PtCu NAs in the treatment of PD. [18]

AD is the first common neurological disease that affect 50 million people worldwide. Oxidative stress has been considered as a pathological driver of AD. Mitochondrial dysfunction closely related to  $A\beta$  deposition and neurogenic fiber tangles (NFTs) is the causative agent. Octahedral palladium nanoparticles (Pd NPs) exhibit strong antioxidant capability and good biocompatibility. However, their application as therapy for AD treatment was limited by their poor permeability of blood-brain barrier (BBB). In 2021 the Jia group constructed an octahedral palladium nanozymes platform (Pd@PEG@Bor) modified with borneol (Bor) and bifunctional PEG (SH-PEG-COOH) for scavenging intracellular ROS and promoting the permeability of epithelial cells (**Figure 11.**). According to an *in vitro* and *in vivo* research, ROS and  $Ca^{2+}$  contents were effectively reduced, and mitochondrial membrane potential was maintained by Pd@PEG@Bor, with mitochondria in SH-SY5Y cells protected. In addition, concentration of Pd@PEG@Bor could be rapidly increased in the

AD mice brains and alleviate A $\beta$  plaque deposition, neuroinflammation and neuronal loss. The AD mice's memory function and learning ability were also obviously improved. [19]



**Figure 11.** Design and synthesis of Pd@PEG@Bor for treating AD. [19]

## 5. Conclusion

In this account, recent advances in applications of nanozymes as therapies for several ROS-related disorders such as IBD, IPF, PD and AD are summarized. Various factors which regulate the antioxidant activities and design strategies are also discussed with specific cases. However, there are still challenges for multi-enzymic nanozymes.[4] How to modulate and balance different enzymic-like activities and prevent the interferences can only be realized with profound understanding of underlying mechanisms of ‘multi-enzymic activity’. Biosafety evaluation and polypharmacology of multi-enzymic nanozymes is also urgent because of their possible complicated and unexpected side effects.

## Acknowledgments

The Author wishes to acknowledge assistance from Dr Xin Guo of Wenzhou Medical University.

## References

- [1] a) Mao M, Guan X, Wu F and Ma L 2022 *Nanomaterials* **12** 638; b) Chen Y, Chen T, Wu X and Yang G 2019 *Sens. Actuators B* **279** 374; c) Wang Z, Wu J, Zheng J, Shen X, Yan L, Wei H, Gao X and Zhao Y 2021, *Nat. Commun.* **12** 6866; d) Song C, Liu H, Zhang L, Wang J, Zhao C, Xu Q and Yao C 2022 *Sens. Actuators B* **353** 131131
- [2] Bhagat S, Srikanth V N V, Shutthanandan V, Bowden M, Karakoti A S and Singh S 2018 *J. Colloid Interface Sci.* **222** 701
- [3] a) Tian R, Ma H, Ye W, Li Y, Wang S, Zhang Z, Liu S, Zang M, Hou J, Xu J, Lu Q, Sun H, Ba F, Yang Y and Liu J 2022 *Adv. Funct. Mater.* **32** 2204025; b) Ali A, Ovais M, Zhou H, Rui Y and Chen C 2021 *Biomaterials* **275** 120951
- [4] Sheng J, Wu Y, Ding H, Feng K, Shen Y, Zhang Y and Gu N 2024 *Adv. Mater.* **36** 2211210
- [5] a) Yang B, Chen Y and Shi J 2019 *Chem. Rev.* **119** 4881; b) Yang B, Chen Y, Shi J, 2019 *Adv. Mater.* **31** 1901778
- [6] Zhao S, Li Y, Liu Q, Li S, Cheng Y, Cheng C, Sun Z, Du Y, Butch C J and Wei H 2020 *Adv. Funct. Mater.* **30** 2004692
- [7] Muhammad F, Huang F, Cheng Y, Chen X, Wang Q, Zhu C, Zhang Y, Yang X, Wang P and Wei H 2022 *ACS Nano* **16** 20567

- [8] Wang Q, Cheng C, Zhao S, Liu Q, Zhang Y, Liu W, Zhao X, Zhang H, Pu J, Zhang S, Zhang H, Du Y and Wei H 2022 *Angew. Chem. Int. Ed.* **61** e202201101
- [9] Zhang C, Wang H, Yang X, Fu Z, Ji X, Shi Y, ZHONG J, Hu W, YE Y, Wang Z and Ni D 2022 *Sci. Adv.* **8** eabp9882
- [10] Hou L, Gong F, Liu B, Yang X, Chen L, Li G, Gong Y, Liang C, Yang N, Shen X, Liu Z and Cheng L 2022 *Theranostics* **12** 3834
- [11] Yu Y, Zhao X, Xu X, Cai C, Tang X, Zhang Q, Zhong L, Zhou F, Yang D and Zhu Z 2023 *Adv. Mater.* **35** 2304967
- [12] Selman M, King T and Pardo A 2001 *Ann Intern Med.* **134** 136
- [13] Hassan A I, Samir A, Youssef H F, Mohamed S S, Asker M S and Mahmoud M G 2021 *J. Pharm. Pharmacol.* **73** 1503
- [14] Krusic P J, Wasserman E, Keizer P N, Morton J R and Preston K F 1991 *Science* **254** 1183
- [15] Gharbi N, Pressac M, Hadchouel M, Szwarc H, Wilson S R and Moussa F 2005 *Nano Lett.* **5** 2578
- [16] Dong R, Liu, M, Huang X, Liu Z, Jiang D, Xiao H and Dai H 2020 *Int. J. Nanomedicine* **15** 2269
- [17] Liu Q, Ren Y, Jia H, Yuan H, Tong Y, Sumasri K, Mao X, Huang Y, Chen C, Zheng Z, Wang L and He W **2023** *ACS Nano* **17** 22527
- [18] Liu Y, Mao Y, Xu E, Jia H, Zhang S, Dawson V L, Dawson T M, Li Y, Zheng Z, He W and Mao X 2021 *Nano Today* **36** 101027
- [19] Jia Z, Yuan X, Wei J, Guo X, Gong Y, Li J, Zhou H, Zhang L and Liu J **2021** *ACS Appl. Mater. Interf.* **13** 49602