

Innovation of Physical Education Teaching Mode in Higher Vocational Colleges from The Perspective of Entrepreneurship Quality Education

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Abstract. With the continuous progress of the times, the cause of education is also undergoing continuous reform and innovation, which makes in the teaching activities, the teaching methods of many disciplines have changed to a great extent, and the higher vocational sports discipline is one of them. Because of the continuous deepening of the concept of quality education, some higher vocational colleges have gradually changed their teaching philosophy when carrying out specific teaching activities, and then pay more attention to the overall development of students. In the stage of higher vocational education, sports discipline has a very important position, it can not only effectively improve the students' comprehensive physical quality, but also to a certain extent, improve the students' entrepreneurial quality. Based on this, this paper analyzes the cultivation methods and objectives of entrepreneurship quality of higher vocational college students, hoping to provide some help for the development of related work.

Keywords: Entrepreneurship Quality Education; Higher Vocational Physical Education; Mode; Innovation.

1. Introduction

In the current society, "mass entrepreneurship, innovation" new situation, China's social environment is constantly changing, which makes entrepreneurship is particularly important. In the process of students' entrepreneurial activities, the sense of innovation is very important, and it is also a key factor for the success of students' entrepreneurship. Higher vocational colleges bear the important task of cultivating talents. Therefore, higher vocational colleges should fully realize this when carrying out teaching activities, and strengthen the training of students' innovative consciousness and entrepreneurial thinking, which is also the key factor for higher vocational colleges to improve students' entrepreneurial rate in the current society. However, many problems will be involved in carrying out entrepreneurial activities, so it is necessary to organically integrate students' physical fitness, ideas and other aspects. Secondly, entrepreneurial quality has strong comprehensiveness. As an important part of higher vocational education, physical education must organically integrate the cultivation of entrepreneurial quality when carrying out specific teaching activities, and take cultivating students' entrepreneurial quality as the principle of educational activities, so as to effectively Innovate Higher Vocational Physical Education.

2. The Basic Methods and Objectives of Cultivating the Entrepreneurial Quality of Higher Vocational Students

2.1. The Basic Goal of Cultivating the Entrepreneurial Quality of Higher Vocational Students

In today's society with rapid social and economic development, more and more young people have joined the entrepreneurial team, which has significantly improved the overall level of entrepreneurship in China. However, with the increase of the number of entrepreneurs, the comprehensive quality requirements of the society for entrepreneurs are also constantly improving [1-3]. Therefore, in order to ensure the effectiveness of their entrepreneurial activities, we must have a strong comprehensive quality and entrepreneurial literacy. For example, most entrepreneurs in our

country are still college students, so their comprehensive quality is inseparable from the teaching activities carried out by the school, and China's higher vocational colleges themselves bear the important task of cultivating students' comprehensive ability. Therefore, in order to improve the entrepreneurial quality of entrepreneurs and effectively promote social development, higher vocational colleges need to teach students' comprehensive quality. We should pay more attention to entrepreneurship education. Secondly, higher vocational colleges should also carry out some psychological education, such as the ability to resist setbacks, endurance and so on. This is because entrepreneurial activities can not be smooth sailing, but also face many difficulties. Therefore, it is very important for higher vocational colleges to carry out psychological education, which can improve entrepreneurs' ability to deal with difficulties. From the relevant research content abroad, we can know that appropriate physical exercise can effectively relieve the pressure, and then in Higher Vocational Colleges to carry out entrepreneurship literacy education, the development of physical education activities has a positive role in promoting it.

2.2. Ways to Cultivate the Entrepreneurial Quality of Higher Vocational Students

From the actual situation of students' entrepreneurial activities in Higher Vocational Colleges in China, each student has different needs in entrepreneurial literacy, which makes it necessary for higher vocational colleges to carry out entrepreneurial literacy education with specific pertinence, and then design more reasonable teaching methods according to the reality and needs of each student. Secondly, if we want to make the cultivation of entrepreneurial literacy of higher vocational students more effective, we need to carry out more complex preparatory work, and also have scientific methods as guidance. Therefore, we need the full participation of higher vocational teachers. Only in this way can we play a good role in supervision [2]. And then make the cultivation of entrepreneurial literacy easier to manage. The educational activities carried out in higher vocational colleges often need to pay attention to the all-round development of students. Therefore, physical education is also very important. It also plays an important role in the cultivation of entrepreneurial quality in higher vocational colleges.

3. The Practice of Entrepreneurship Quality Training in Higher Vocational Colleges in China

3.1. Strengthen Physical Exercise to Promote the Development of Related Industries

In today's society with the continuous improvement of people's living standards, people also pay more attention to their own health problems, and appropriate physical exercise can effectively enhance people's physical quality, so sports are increasingly valued by people. This kind of phenomenon also further explains that it is very necessary to carry out physical education in higher vocational education. Secondly, higher vocational colleges to carry out high-quality physical education curriculum will inevitably lead to the development of some related industries, such as sports equipment, sportswear, and so on, and thus in the development of physical education at the same time for the majority of entrepreneurs to provide more entrepreneurial opportunities, it can be said to kill two birds with one stone.

3.2. Carry out Safety Education and Pay Attention to Safety Issues

The safety education carried out in the process of physical education in higher vocational colleges is also applicable to the cultivation of entrepreneurial quality [3]. This is because when carrying out entrepreneurial activities, they will also face some safety problems. Therefore, the safety education carried out by higher vocational colleges can not only help students deal with the unsafe factors in sports training, but also help students effectively deal with the unsafe factors in the process of entrepreneurship. Therefore, the safety education carried out by higher vocational colleges can effectively enhance the students' awareness of risk prevention when starting a business, thus ensuring

the effectiveness of physical education and entrepreneurship quality education in higher vocational colleges.

3.3. Pay Attention to Mental Health in Physical Education

Whether entrepreneurs or students, no matter what role they are in, it is most important to have healthy psychological quality. And higher vocational colleges through the development of physical education curriculum can effectively alleviate the pressure of students' learning, and then has a positive role in promoting students' mental health. At the same time, in the process of participating in some sports training, students can effectively exercise their own evaluation spirit and tenacious willpower. In the process of carrying out entrepreneurial activities, they will naturally encounter some setbacks and difficulties. Therefore, the willpower honed in participating in sports training can make them more able to deal with the setbacks faced by entrepreneurship, and then lay the foundation for the development of entrepreneurial activities It has laid a solid foundation.

4. Conclusion

To sum up, in today's society with the continuous progress of the times, physical education in higher vocational colleges has a positive role in promoting the development of entrepreneurial activities of entrepreneurs in China. This is because in the process of entrepreneurial activities, many problems that need to be focused on are closely related to sports activities. Secondly, because most of the entrepreneurs in the current era are young people, it needs higher vocational colleges to innovate their own sports teaching ideas and methods to adapt to the changes of the times, and constantly cultivate students' spirit of hard work, overcoming difficulties and indomitable struggle, so as to make them more in line with the specific requirements of the times for entrepreneurs. Based on this, this paper deeply analyzes the impact of physical education on entrepreneurial activities, hoping to play a positive role in promoting the development of China's sports and entrepreneurial trend.

References

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