

The Origin and Spread of the Green Leaves

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ABSTRACT

Joseph Needham, an expert in the history of Chinese science and technology in the United Kingdom, once said, "Tea is China's fifth contribution to humankind after the four inventions of gunpowder, papermaking, printing, and compass. Tea is popular and people's taste vary according to different tea names. Now there are more than 50 countries planting tea in five big continents, and 120 countries import tea from China. Most of the people among 5 billion in the world like to drink tea and tea culture cover the world. And tea drinking customs and culture in various regions have its own characteristics of drinking custom. Different tea customs reflect different values and cultural orientations of different nations, regions and countries.

KEYWORDS

Green Leaves; Various Countries; Drinking Customs; Chinese Tea Serving.

1. INTRODUCTION

China is the origin of tea tree. However, the contribution of Chinese tea industry to mankind mainly lies in the earliest discovery and utilization of tea as a plant into a splendid and unique tea culture in China, the East and the entire world. The Chinese tea industry first developed in Sichuan area, and then brought into the east and south successively, so as to spread throughout the country. In the Tang Dynasty, it spread to Japan and North Korea, and was introduced by the West after the 16th century. China's tea, tea trees, tea drinking customs and tea-making technology have spread to the world with the development of Chinese and foreign cultural exchanges and commercial trade. It was first introduced to Japan and North Korea, and then from South China Sea to Indonesia, India, Sri Lanka and other countries.

The word "tea" in the languages of western countries mostly originated from the pronunciation of "tea" in the dialects of Xiamen and Guangdong province in the maritime trading ports at that time. It can be said that China gave the world the name of tea, the knowledge of tea, the technology of tea cultivation and processing, and the teas of various countries in the world, directly or indirectly, are inextricably linked with Chinese tea.

2. ASIAN COUNTRIES

2.1. Japan

Japanese people are famous for their tea ceremonies, and more sophisticated people have tea rooms. When the host welcomes the guests into the tea room, they must sit at the door of the tea room and let the guests enter one by one. When the guests pass by the door, they need to wash their hands by the door, then take off their shoes and enter the tea room. The host finally enters the tea room and

bows to the guests. [1] When the host starts to make tea, the guest should exit the tea room and walk to the garden or stone road in the back to allow the host to freely and calmly prepare tea sets, and make tea. After making the tea, the host made the guests go back to the tea room, and then began to drink tea together. After drinking the tea, the host still knelt outside the door and wished the guests goodbye.

2.2. South Korea

Korean tea ceremony embodies the basic spirit of "harmony, respect, frugality, and beauty". Tea ceremony for adults is one of the important events of Korean Tea Day. South Korea has been known as a "state of etiquette" since ancient times. Etiquette is attached great importance in all aspects of family and social life. The tea ceremony for adults is to conduct traditional culture and etiquette education for young boys and girls who have just turned 20 through tea ceremony. The procedure is that the director will host the adult admirers at the same time, the candle will be presented by the president, the flower will be presented by the vice president, and the eighteen-year-old adult enter the room, salute the guests and make courtesy to the parents. The Secretary will give a speech of adulthood, perform a tea ceremony, and parents will return a salute. [2].

The Five Elements Tea Ceremony is magnificent and larger in scale. It shows the tea ceremony to the Holy Family of the Tea Saint Yan Emperor. In the Tang Dynasty, Lu Yu wrote the Tea Classic, known as the tea saint and the tea God. The Five Elements Tea is a kind of tea offering ceremony in memory of the Kobe family in Korea. It is a merit offering in Korea tea ceremony. The Tea Ceremony of Korea Five Elements Tea is a national-level tea ceremony, reflecting the local Tea Method and Five Elements Philosophy. It is a ceremony of tea ceremony and the reproduction of tea culture in the era of Korea. The whole process of tea ceremony is full of poetic, artistic and national customs.

2.3. Pakistan

Pakistan was originally a part of British India, so tea drinking has a British color. Most of them are used to drinking black tea, and black milk tea is a common hobby. Usually once in the morning, during and after dinner. Most use the samovar cooking method, that is, first boil the water in the kettle, then add black tea, and then cook for 3-5 minutes, then filter the tea residue with a filter, and then pour the tea soup into the tea cup, add milk and sugar Mix thoroughly and drink immediately. In addition, there are a few lemon-free teas that are replaced with milk without lemon. Most Pakistani are accustomed to using milk and black tea as hospitality to treat guests and are also accompanied by snacks such as sandwich biscuits and cakes.

2.4. Iran

Iranians, drinking tea has become a beautiful scenery in life. Large and small tea rooms in China are dazzling. For a long time, a rich tea culture has penetrated into the national culture. Fifteen or more cups of tea a day. Many Iranians are fond of tea every day, and they drink many cups every day. Fifteen or sixteen cups a day is the minimum. The reason is because Iran bans alcohol and substitutes tea for alcohol, which can refresh, keep fit, refresh the stomach, clear the intestines, and so on.

There is a very strange way for Iranians to drink tea. Amber tea is served in small and exquisite glass cups. When drinking tea in Iran, the sugar cubes are not mixed in the tea, but directly in the mouth, and then chew together with the tea. Some sugar pieces are also inlaid with lemon peel. The bite, full of mouth, at this time, will quickly pour a bit of astringent tea into the mouth, slightly agitated with the tip of the tongue, and taste the very good sense of blended tea. [3].

3. WESTERN COUNTRIES

3.1. United States

The United States is known as the biggest coffee kingdom. However, about half of people drink tea, which is amazing. In the US market, there are hundreds of Chinese oolong and green teas, but most of them are canned cold teas. Most Americans like to drink instant tea. In the summer, when they have cold cups of cold tea, which makes them feel cool and comfortable. In the United States, tea consumption ranks the second, after coffee. Americans drink tea differently from Chinese. Most people prefer iced tea to hot tea. When drinking, first put ice cubes into cold tea, sip cold teeth and refresh, and feel cool in the chest, just like breeze on the face.

3.2. United Kingdom

Tea is a beverage that is generally loved by the British. 80% of the British drink tea every day. The consumption of tea accounts for about half of the total consumption of various beverages. The United Kingdom does not produce tea, and the per capita consumption of tea ranks first in the world. Therefore, tea imports have long ranked first in the world.

English tea drinking began in the mid-17th century. In 1662, Princess Catherine of Portugal married Charles II of England, and the style of tea drinking was brought into the royal family. [4] Princess Catherine regards tea as a bodybuilding drink, and is known as the "tea drinking queen" for her indulgence in tea and admiration of tea. Because of her advocacy and promotion, the style of tea drinking has prevailed in the court, and then extended to the royal and noble family and ordinary people.

The British drink black tea, especially the rich black milk tea and lemon black tea, which are accompanied by tea maids, tea seats, tea parties and tea dances that reflect western colors. At present, most people in Britain drink tea from 10 am to 5 pm. If there is a guest entering the door, it is usually only during this time that tea can be used to treat guests. They paid special attention to tea in the afternoon. Madam Anna, the Duke of Frederick, the British Duke, invited everyone to taste something to refresh her hunger at around 5pm, and she was deeply applauded. Afternoon tea is now served in eating places and public entertainment places in the UK. On the British trains, there are also tea baskets containing tea, bread, biscuits, brown sugar, milk, lemons, etc. for passengers to drink afternoon tea. Afternoon tea is essentially a simplified refreshment for a meal. Generally, only one cup of tea and one plate of pastries are served, and the content will be rich only when entertaining VIPs.

3.3. France

France is located in western Europe and west of the Atlantic Ocean. Since tea was introduced to Europe as a beverage, it immediately attracted the attention of the French people and became an integral part of people's daily life and social interaction. Now, French people like black tea, green tea, scented tea and coriander tea. [5] When drinking black tea, they are accustomed to brewing or cooking, similar to the practice of drinking black tea in Britain. Usually take a handful of black tea or a small bag of black tea into the cup, pour it in boiling water, and then mix it with sugar or milk and sugar. They like to mix fresh eggs with tea and add sugar to drink in some other places. Some popularly drink bottled tea with lemon juice or orange juice; others even mix gin or whiskey into the tea to make a cool cocktail.

3.4. Argentina

Whether walking in the streets, parks or offices, or in the auditorium of a football match, Argentines can be seen drinking Yerba mate tea with a teapot everywhere. Yerba mate tea is an evergreen shrub leaf growing in South America. The processing method is roughly the same as that of tea in China. [6] Northeast Argentina has a humid climate and plenty of sunshine. The red mineral soil is very suitable for the growth of this plant. In recent years, the production of mate tea in Argentina has developed rapidly. For example, the output of this year has reached more than 400,000 tons, ranking first in the world. It is called the "Yerba mate tea kingdom". The national average per capita consumption is about 7 kg, and the remaining 30% used to earn foreign exchange through exports. The second week of November every year is the Yerba Mate Tea Festival throughout Argentina. During the festival, on the streets of the capital, you can see many beautifully dressed boys and girls giving small boxes of mate tea to pedestrians.

In Argentina, what kind of teapot is used to entertain guests is more important than drinking mate tea itself, just like western people pay attention to tableware. Most of the Yerba mate teapots used by ordinary people are hollowed out of bamboo tube or gourd, and there is no decoration on the pot. The high-end teapot is a work of art, exquisite workmanship, metal stamped, leather-wrapped, and horn-milled. The shapes are strange and expensive. [7] The outer wall of the pot is engraved with various patterns such as horse head, parrot, landscape, flowers and birds, angels, etc. Some are regarded as "blessings that bring good luck", and some are symbols of "remembering" or "friendship".

4. CONCLUSION

Although advertisements in the world today are full of the most fashionable beverages such as Coca-Cola, Pepsi and Instant Coffee, Chinese tea, one of the world's "big three beverages", is still unique as an ordinary beverage. It ranks first in the world's beverage market, and because of its long history, it has become one of the most influential "cultures". When "tea" becomes a culture, it acquires a brand new "constant". "Tea" is distinguished and fixed from a single "drink" and its own "culture", not only because it is a cross-regional beverage, but the "cultural nature" of the beverage enhances this communication "Tea" is not only the needs of people, but also the spirit of people worldwide.

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