

A Review on the Current Status and Influencing Factors of Anaerobic Digestion

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ABSTRACT

Anaerobic digestion (AD) is a well-established biological process that converts organic matter into biogas, primarily methane, under anaerobic conditions. With the growing emphasis on renewable energy and waste management, AD has gained significant attention as a sustainable technology. This review summarizes the current status of anaerobic digestion research, focusing on its microbial ecology, key process parameters, and technological advancements. The influencing factors discussed include pH and alkalinity, organic loading rate (OLR), hydraulic retention time (HRT), temperature, mixing intensity, nutrient balance, and the presence of inhibitory substances. The review also highlights the development of anaerobic reactor systems and the application of modern molecular techniques in understanding microbial dynamics. Finally, the potential of AD in addressing energy and environmental challenges is emphasized.

KEYWORDS

Hydrolytic; Acidogenic Bacteria; Nutrients; Trace Elements.

1. INTRODUCTION

The increasing global energy consumption and environmental pollution have intensified the search for renewable and clean energy sources. Among these, biomass energy stands out due to its abundance and sustainability. Anaerobic digestion, a process that produces biogas from organic waste, has emerged as a promising technology for energy recovery and waste treatment[1]. Biogas, mainly composed of methane and carbon dioxide, can be upgraded to biomethane, which is interchangeable with natural gas and can be used for heating, electricity generation, and as a vehicle fuel.

The history of AD dates back to the 18th century, with Alessandro Volta's early observations of combustible gas from marshes. Over the years, the understanding of AD has evolved from a two-stage process (acidification and methanogenesis) to a more detailed four-stage model involving hydrolysis, acidogenesis, acetogenesis, and methanogenesis[2]. Each stage is facilitated by specific groups of microorganisms, whose synergistic interactions are crucial for process stability and efficiency.

This review aims to provide a comprehensive overview of the current state of AD research, with a focus on the microbial communities involved and the key operational factors influencing process performance.

2. MICROBIAL ECOLOGY OF ANAEROBIC DIGESTION

The AD process relies on complex microbial consortia, including bacteria and archaea, which work in sequence to break down organic matter.

2.1. Hydrolytic and Acidogenic Bacteria

Hydrolysis is the first step, where complex organic polymers (carbohydrates, proteins, lipids) are broken down into monomers by extracellular enzymes. Key hydrolytic bacteria include *Clostridium*, *Bacteroides*, *Ruminococcus*, and *Cellulomonas*. Acidogenic bacteria then convert these monomers into volatile fatty acids (VFAs), alcohols, hydrogen, and carbon dioxide. Notable acidogens include *Lactobacillus*, *Streptococcus*, and *Escherichia coli*. The efficiency of hydrolysis often limits the overall digestion rate, especially for lignocellulosic materials.

2.2. Acetogenic Bacteria

Acetogens further convert higher VFAs (e.g., propionate, butyrate) and alcohols into acetate, hydrogen, and carbon dioxide. This step is thermodynamically unfavorable under standard conditions and requires low hydrogen partial pressure to proceed. Syntrophic bacteria such as *Syntrophomonas* and *Syntrophobacter* play a critical role. Homoacetogenic bacteria can also produce acetate from H_2 and CO_2 , helping to maintain low hydrogen levels[2].

2.3. Methanogenic Archaea

Methanogens are strict anaerobes that produce methane from acetate, H_2/CO_2 , or other one-carbon compounds. They are classified into acetoclastic (e.g., *Methanosaeta*, *Methanosarcina*) and hydrogenotrophic (e.g., *Methanobacterium*, *Methanospirillum*) groups. *Methanosaeta* is highly specialized for acetate and dominates under stable, low-acetate conditions, while *Methanosarcina* can utilize multiple substrates and tolerate higher VFA concentrations[3]. The balance between these groups is crucial for process stability.

3. FACTORS INFLUENCING ANAEROBIC DIGESTION

3.1. pH and Alkalinity

pH is a critical parameter, with optimal ranges of 6.5–7.5 for methanogens and 4.0–4.5 for acidogens. Alkalinity, mainly due to bicarbonate, provides buffering capacity and helps maintain pH stability. A decrease in pH due to VFA accumulation can inhibit methanogenesis, leading to process failure[4].

3.2. Organic Loading Rate (OLR) and Hydraulic Retention Time (HRT)

OLR refers to the amount of organic material fed per unit reactor volume per day. High OLR can enhance biogas production but may lead to VFA accumulation and acidification if the HRT is insufficient. In continuously stirred tank reactors (CSTR), HRT equals sludge retention time (SRT), whereas in advanced reactors like UASB or EGSB, SRT can be longer than HRT, allowing higher OLRs.

3.3. Temperature

AD can operate under psychrophilic (<20°C), mesophilic (30–40°C), or thermophilic (50–65°C) conditions. Mesophilic digestion is more stable and energy-efficient, while thermophilic digestion offers higher reaction rates and pathogen reduction but is more sensitive to inhibitors like ammonia.

3.4. Mixing

Mixing ensures homogeneity, enhances mass transfer, and prevents stratification. However, excessive mixing can shear microbial flocs and disrupt syntrophic associations[5]. Optimal mixing intensity depends on reactor type and substrate characteristics. Intermittent mixing is often preferred to reduce energy consumption while maintaining performance.

3.5. Nutrients and Trace Elements

Macronutrients (nitrogen, phosphorus) and micronutrients (iron, cobalt, nickel, etc.) are essential for microbial growth and enzyme activity. Imbalances can lead to process instability. For example, cobalt and nickel are crucial for methanogenic enzymes such as coenzyme F430 and carbon monoxide dehydrogenase[3].

3.6. Inhibitory Substances

Common inhibitors include ammonia (NH₃), sulfide (H₂S), and heavy metals. Free ammonia is more toxic than ammonium ions, and its toxicity increases with pH and temperature[4]. Sulfide can precipitate essential metals and inhibit methanogens. Heavy metals like copper and zinc are toxic at low concentrations but may be tolerated if precipitated or complexed.

4. DEVELOPMENT OF ANAEROBIC DIGESTION TECHNOLOGIES

Early AD systems were simple digesters with complete mixing and low OLR. Second-generation reactors (e.g., UASB, AF) enabled SRT and HRT separation, improving treatment efficiency. Third-generation systems (e.g., EGSB, IC) further enhanced biomass retention and loading rates[1]. Recent trends include two-phase systems, high-solid digestion, and co-digestion of multiple substrates to improve synergy and process stability[5].

5. APPLICATION OF MOLECULAR MICROBIAL ECOLOGY

Traditional cultivation methods capture only a small fraction of microbial diversity. Molecular techniques such as DGGE, qPCR, FISH, T-RFLP, and high-throughput sequencing have revolutionized the study of AD microbiomes. These tools allow researchers to monitor microbial community dynamics, identify key functional groups, and optimize operational strategies.

6. CONCLUSION

Anaerobic digestion is a versatile and sustainable technology for energy production and waste treatment. Its performance depends on a complex interplay of microbial communities and operational parameters. Advances in reactor design and molecular ecology have deepened our understanding of the process and enabled more efficient and stable operation. Future research should focus on integrating multi-omics approaches, optimizing co-digestion strategies, and developing robust control systems to enhance the economic and environmental benefits of AD.

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